

Human Growth & Development



Parent
Session

Introductions & Information



- Teachers and professionals who will present the information.
- When, where, and what time the classes will take place?
- Will the boys and girls be separated?
- Parent involvement.
- Difficult Questions???

Human Growth & Development

Overview



- Defining Puberty
- Male Anatomy and Hygiene
- Female Anatomy and Hygiene
- Physical, Emotional, Social, and Cognitive Development of both Boys and Girls
- Healthy Lifestyles
- Review

What Human Growth and Development IS



- Learning appropriate vocabulary
- Learning about the many changes during puberty
- Learning to talk with your parents
- Learning about healthy lifestyle choices
- Learning about growing from a child to a teenager
- Completely optional

What Human Growth & Development IS NOT

- It is not comprehensive Sex Ed
- No mention of Alternative Lifestyles
- Birth Control will not be talked about
- Sexual Intercourse is not discussed
- It is not mandatory!! Parents have the right not to have their child participate



Becoming Askable

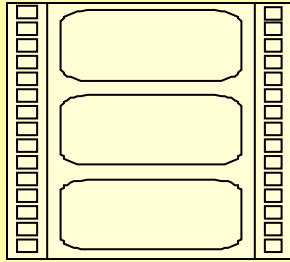


- Educate children that body parts are not dirty.
 - Think about what you want to say about your beliefs and attitudes. Then verbalize your feelings.
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- Use proper names for all body parts including genitals.
 - Emphasize respect for one's self and one's body.

Becoming Askable Continued

- Talk to your child. Not at them.
- Reassure your child that he/she is normal, especially during pre-pubertal and pubertal years.
- Relax! Take your time and don't be concerned if you do not have all the answers. If you do not know the answers, it is O.K. to say so. Consult the school nurse, counselor, doctor, or a Wake County Human service provider.

Male and Female Videos



- The videos that the students will be watching are available for parental viewing on the following website:



- pgschoolprograms.com
- www.pgschoolprograms.com (Parent or Teacher tab will take you to the videos...just scroll down to the bottom of the page)

Question & Answer Section



- We will take the next ten minutes to discuss any further questions that you have.
- Any future questions, please contact the school.

•If you do not want your child to participate, it must be placed writing.