

# Human Growth & Development



## Female Reproductive System

# Ground Rules

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- ✓ Be Respectful
- ✓ Exhibit Maturity
- ✓ Demonstrate Patience

# Introducing...

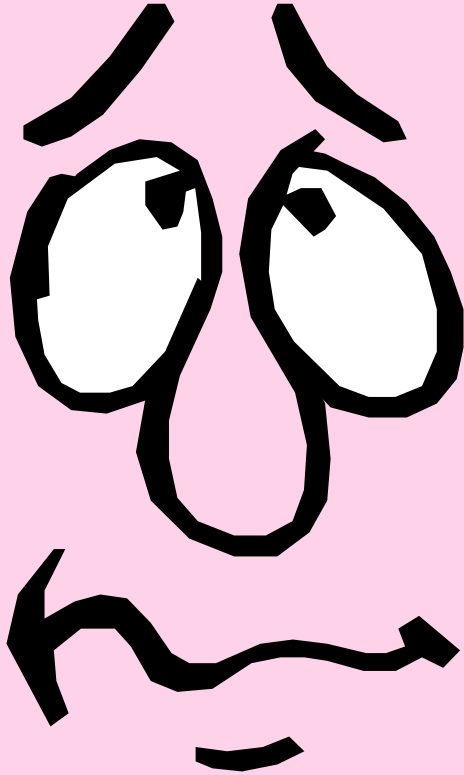
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# The Question Box

# Just a Reminder

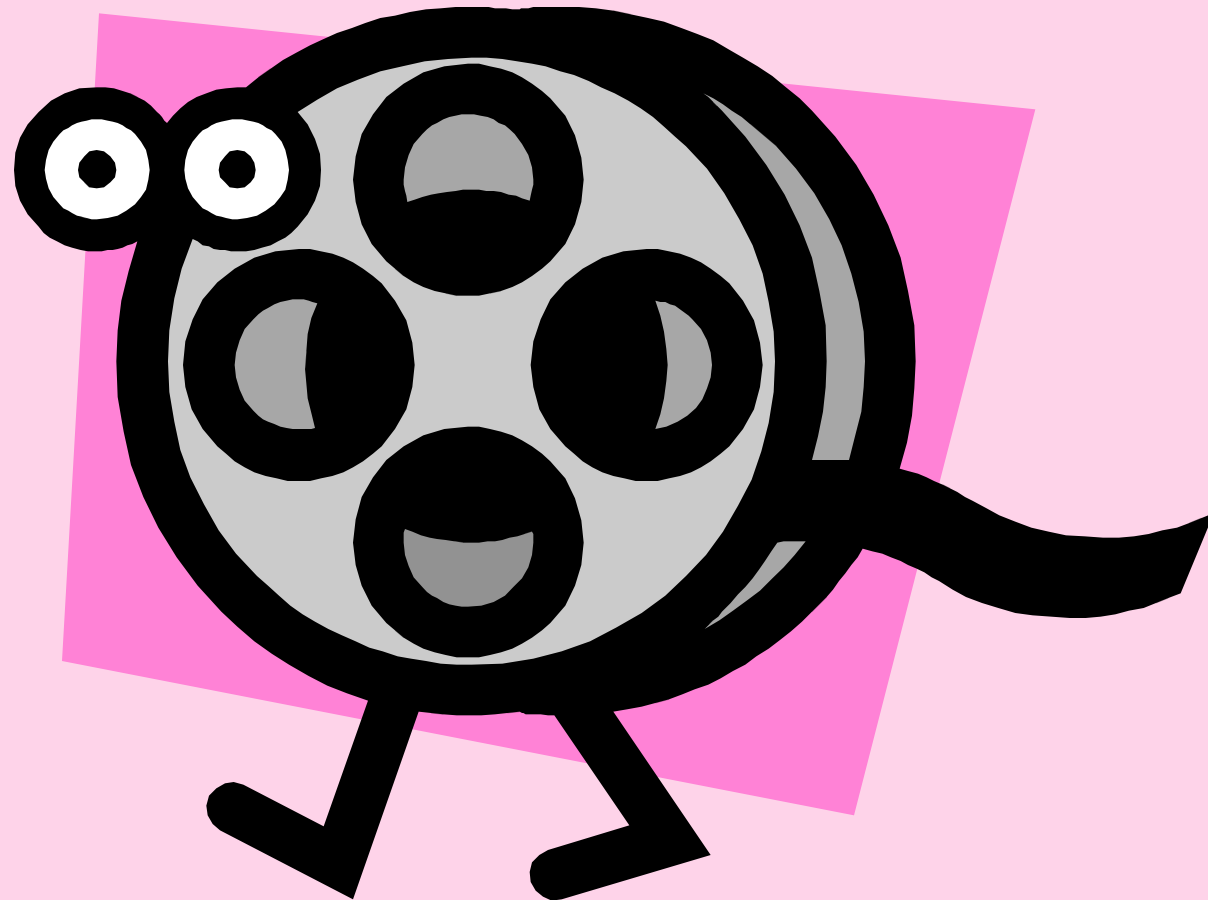
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The following information is important in understanding the female reproductive system, please remember to be respectful

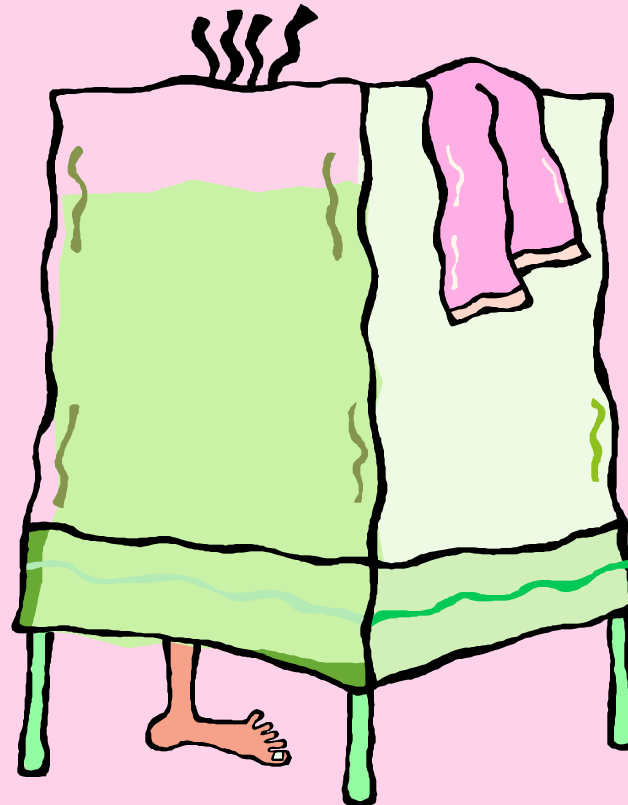
# Time for a Movie

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# The Basics of Breasts & Bras

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# Female Reproductive Organs

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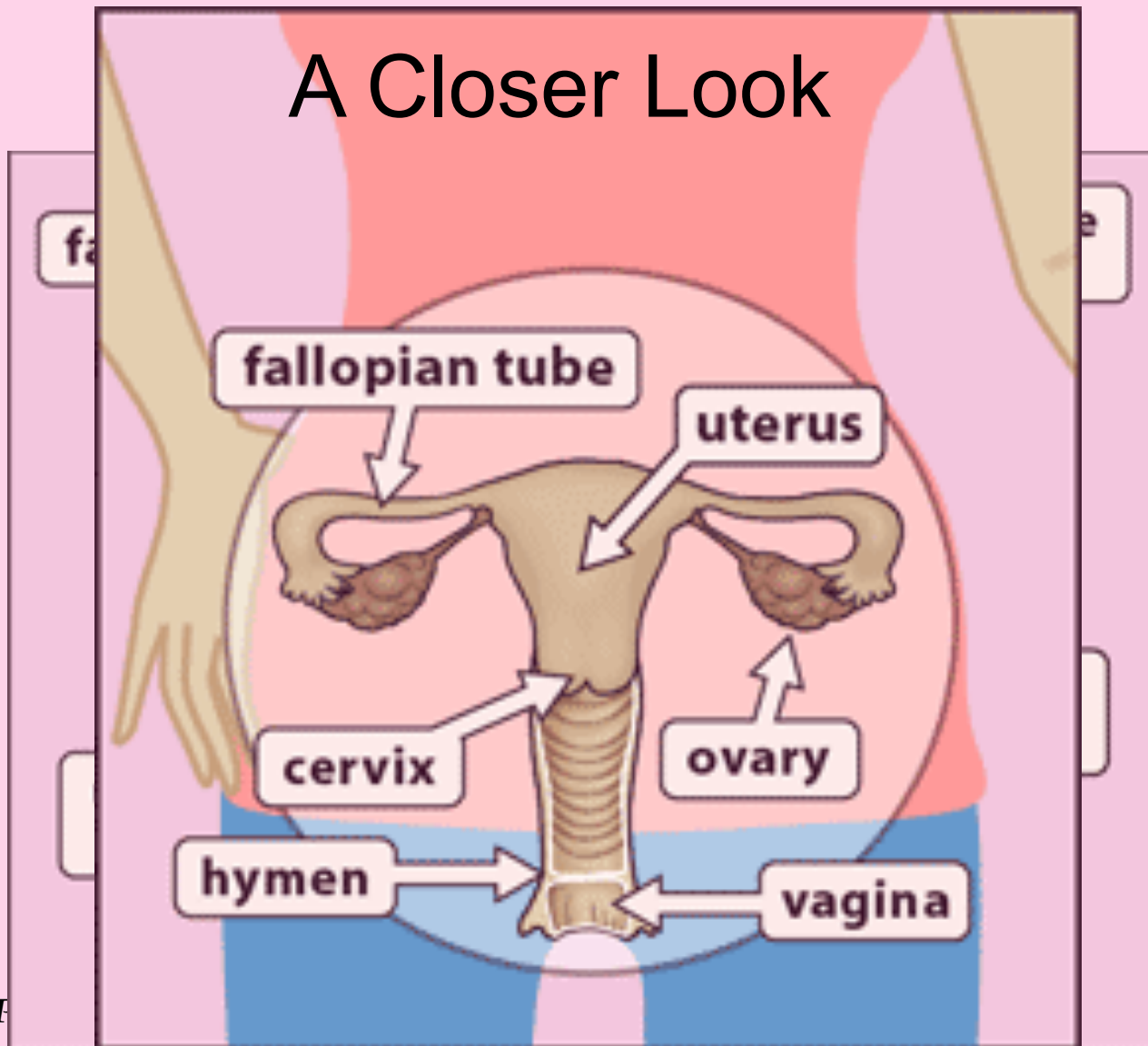
The following images are a frontal view...if a female was standing directly in front of you (similar to this picture)

# Internal Reproductive Organs



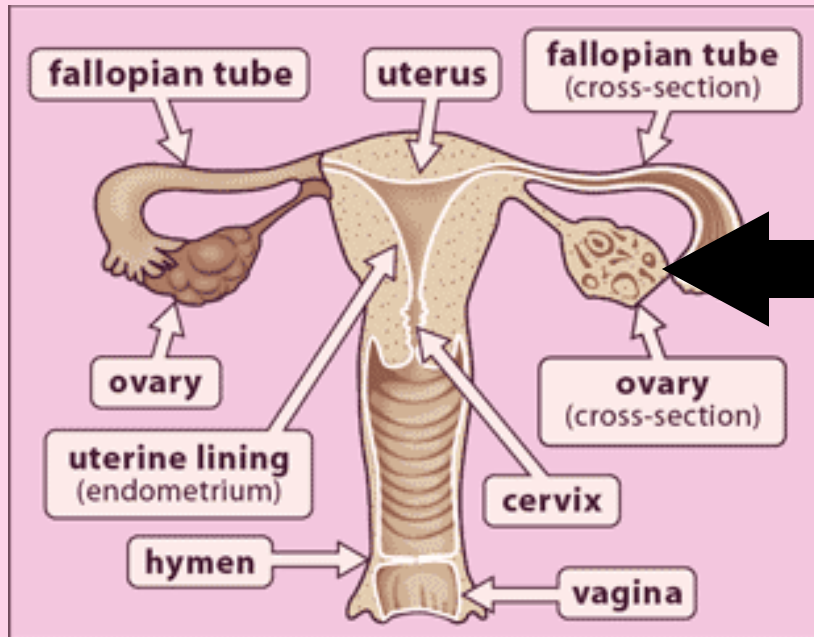
# Internal Reproductive Organs

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# Internal Reproductive Organs

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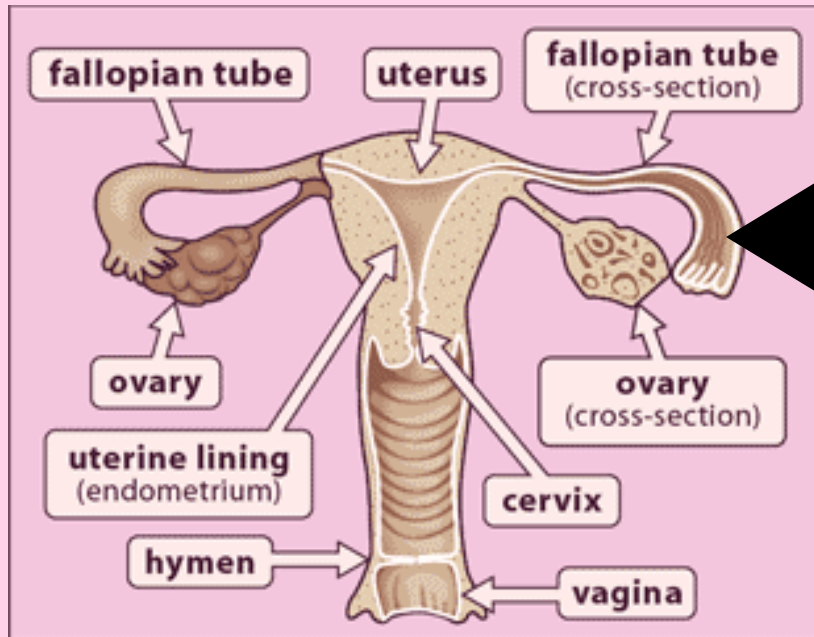


Ovary

Ovary – houses the ova or egg cells until they reach maturity

# Internal Reproductive Organs

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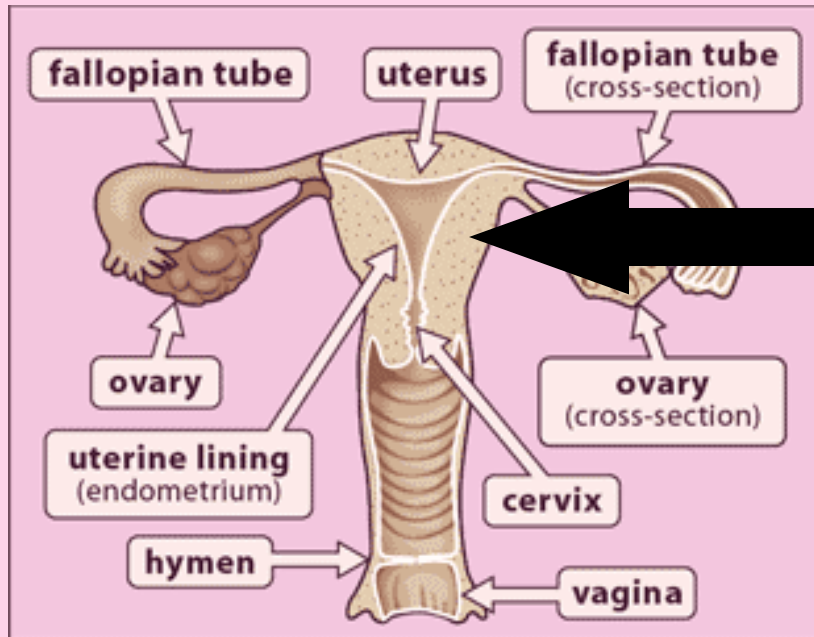


Fallopian  
Tubes

Fallopian Tubes - (a.k.a. Oviducts or Uterine tubes) transport ova from the ovaries to the uterus

# Internal Reproductive Organs

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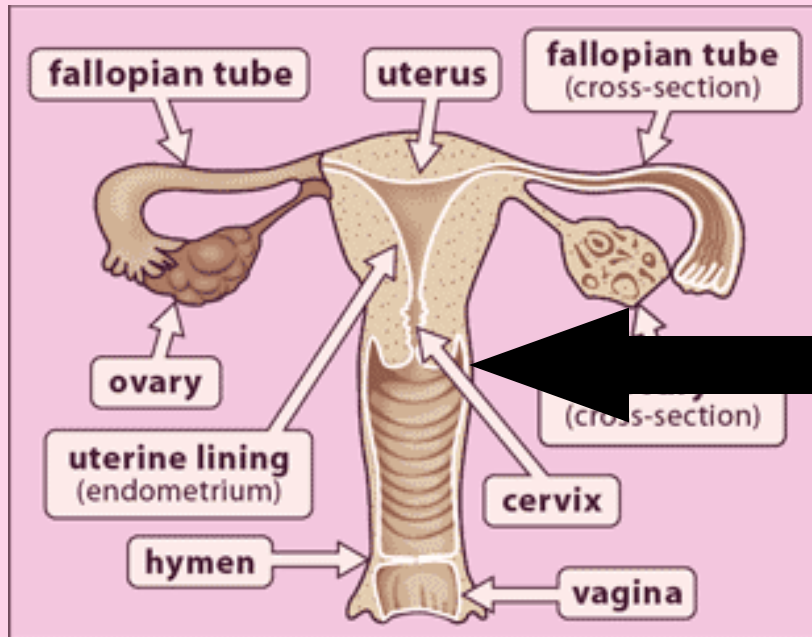


Uterus

Uterus – (a.k.a. the womb) is the organ that protects and nourishes a developing baby

# Internal Reproductive Organs

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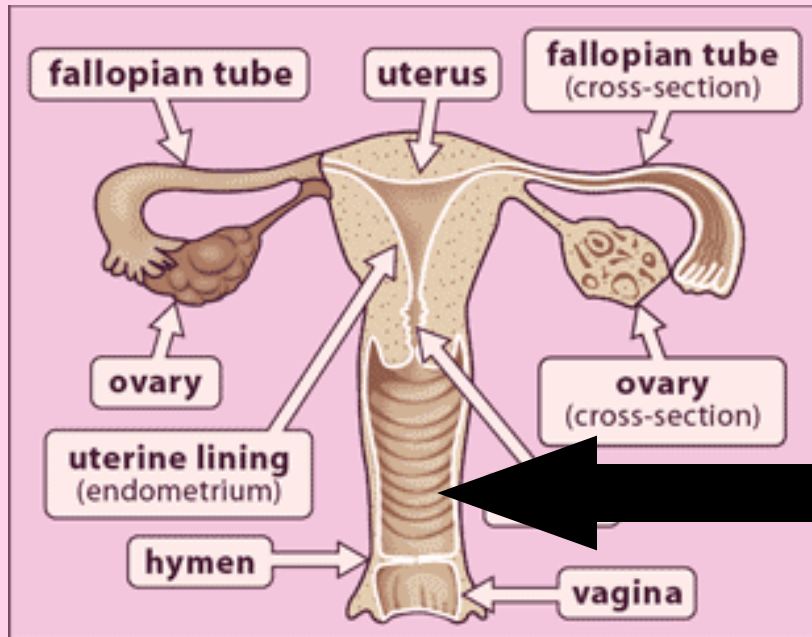


Cervix

Cervix – connects the vagina and the uterus, it is approximately 1 cm in diameter and is at the lower end of the uterus

# Internal Reproductive Organs

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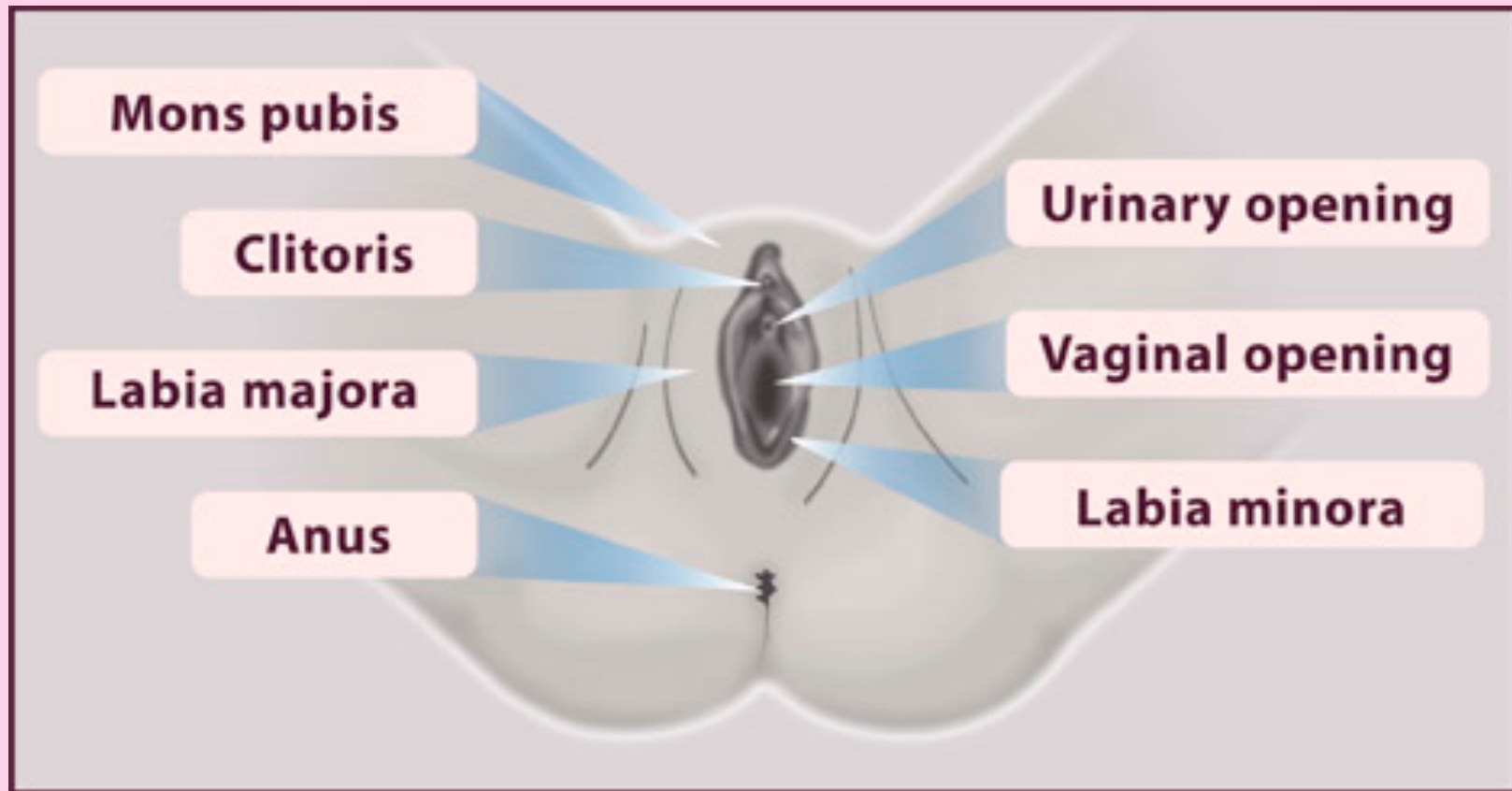


Vagina

Vagina – (a.k.a. – birth canal) muscular, hollow tube that leads from the uterus to the outside body

# External Reproductive Organs

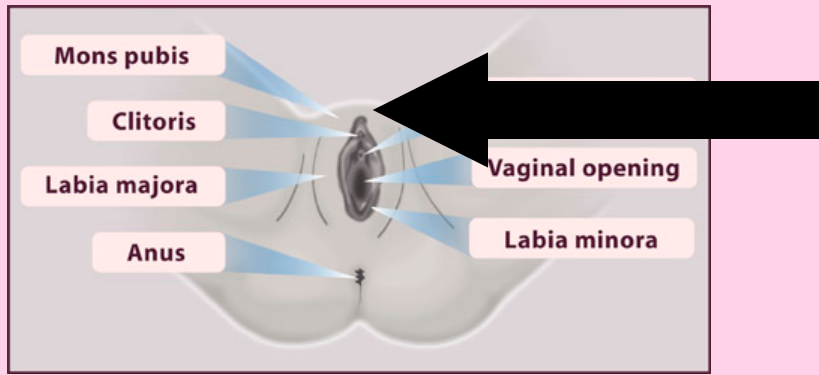
# External





# External

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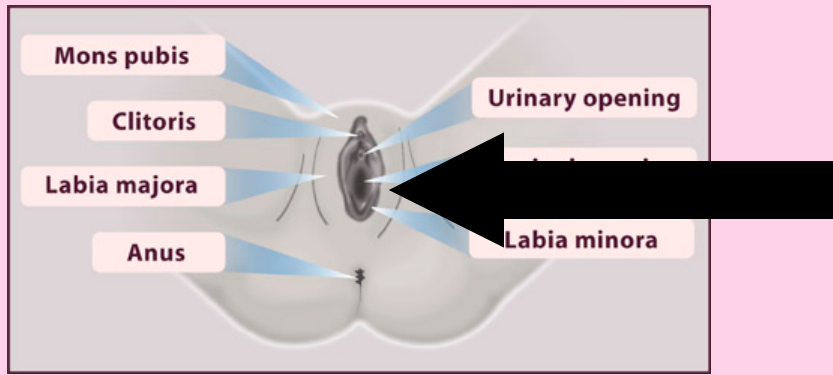


Mons  
Pubis

Mons Pubis – fatty tissue over the pubic bone, covered with pubic hair

# External

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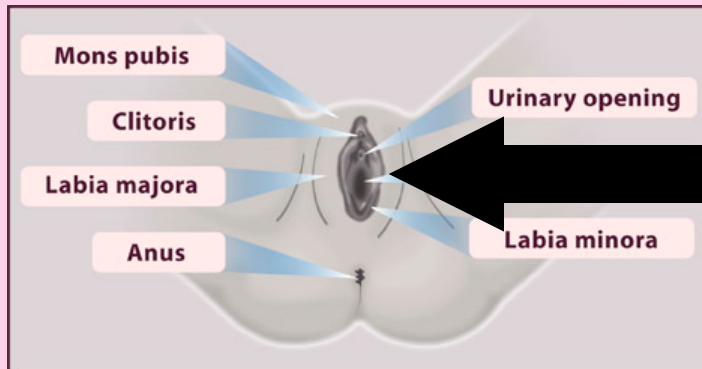


Vaginal  
Opening

Vaginal Opening – opening that leads to the vagina and other internal female reproductive organs

# External

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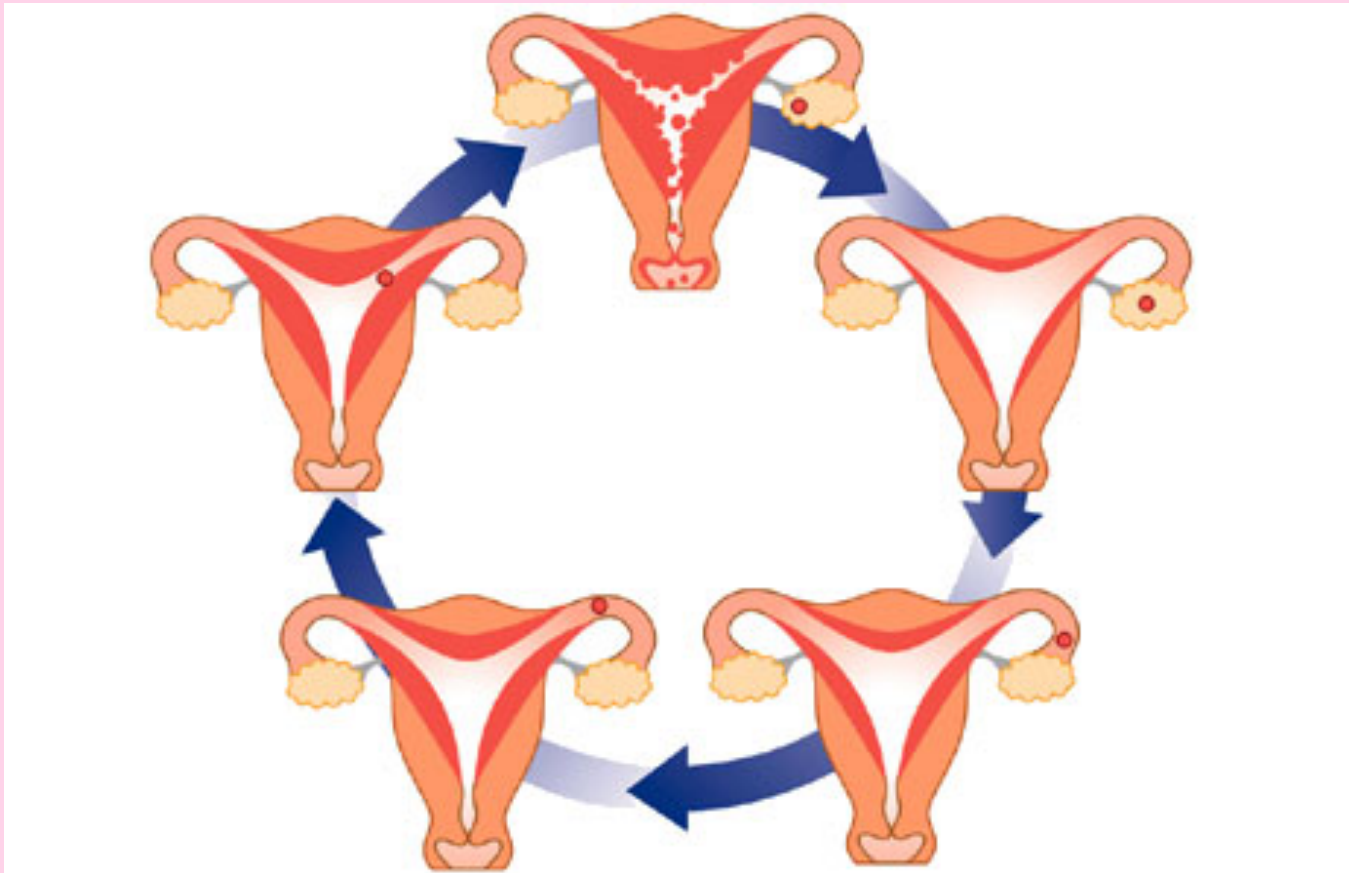
Labia

Labia Major – Outer folds of skin that protect the female genitals

Labia Minor – Inner folds of skin

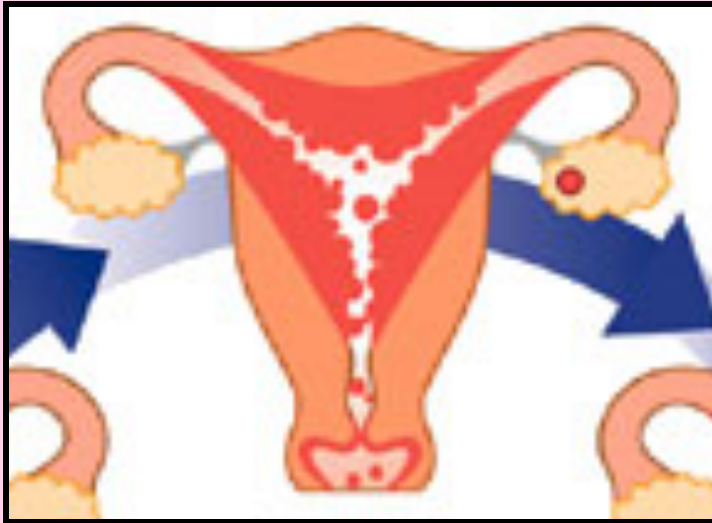
# Menstrual Cycle

## 28 Day Cycle



# Menstrual Cycle

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Day 1 - 5

*MENSTRUATION* begins - (a girl gets her period) The extra blood & lining of the uterus is shed, meanwhile another egg is maturing in an ovary

# Menstrual Cycle

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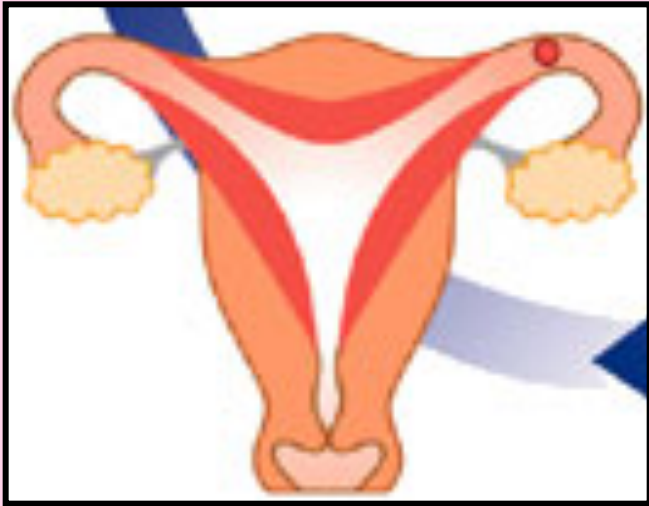


Day 6 - 14

The lining of the uterus begins to build-up with nutrient rich blood, at approximately day 14 OVULATION occurs.

# Menstrual Cycle

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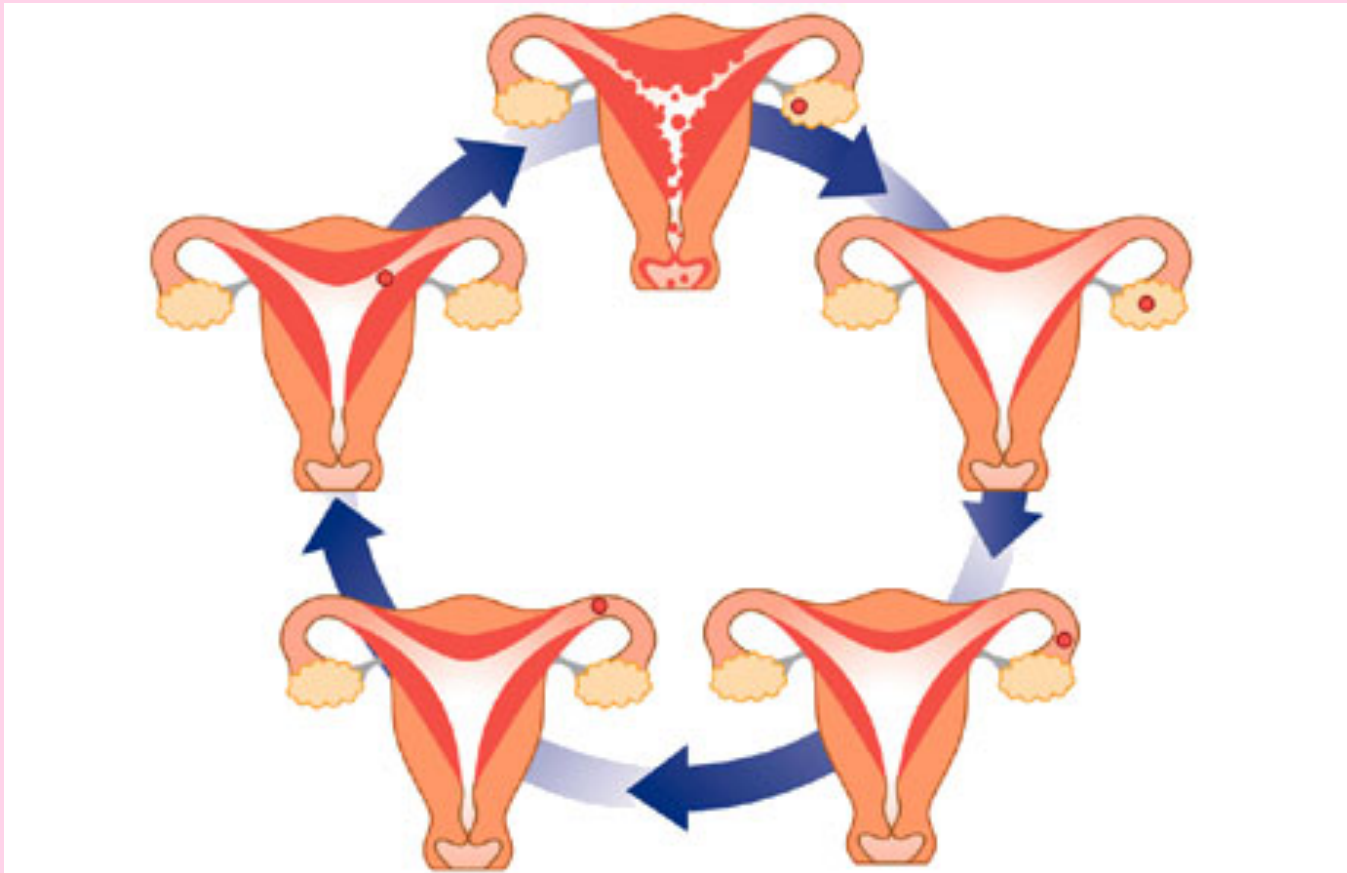


Day 15 - 28

The ovum travels down the fallopian tube, the ovum reaches the uterus & hormone levels change, breakdown process begins

# Menstruation

## Cycle Repeats



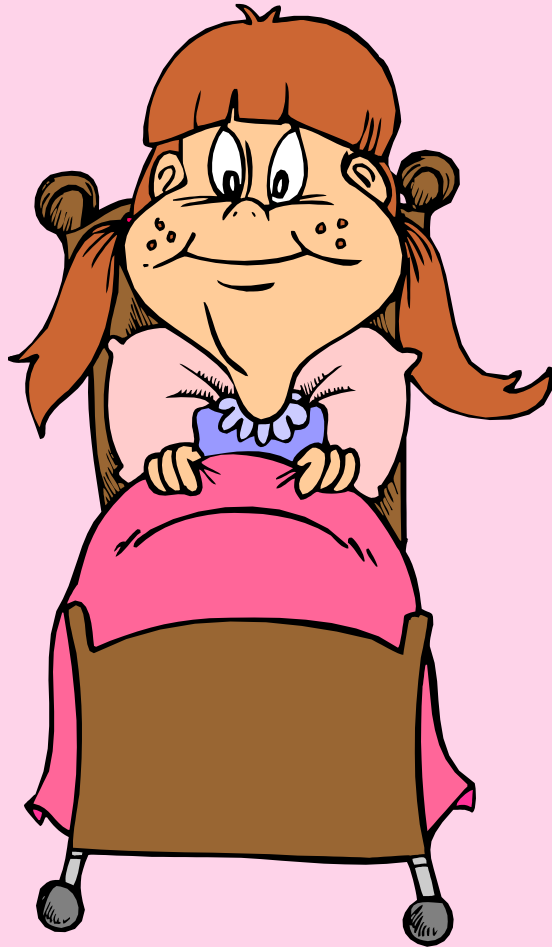


# Just the Facts...

## ~~PLEASE!~~

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### Common Myths



- Everyone gets cramps
- Cramps are unbearable

# Just the Facts...

## PLEASE!

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### Common Myths

- A girl cannot swim while on her period
- A girl cannot participate in sports



# Meet Adel Essence

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# Body Image

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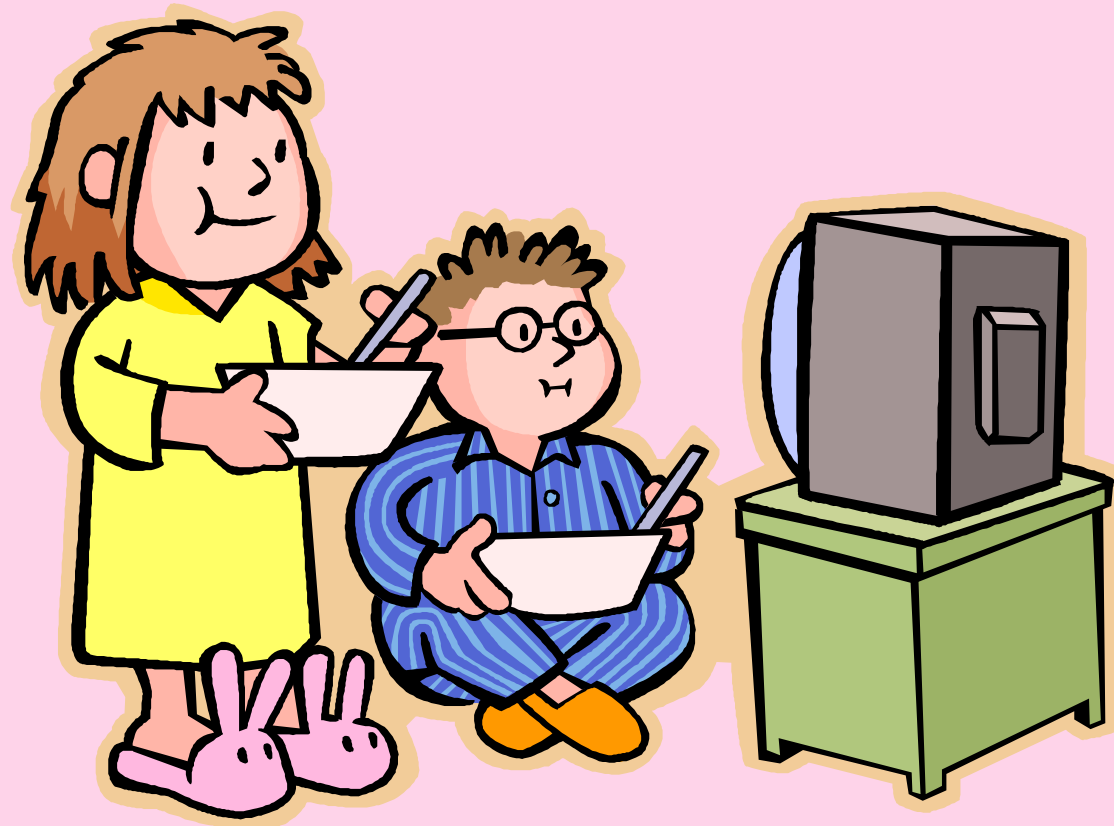
It Begins At An Early Age



# Body Image

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## The Message from MEDIA



# The End

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