

Human Growth & Development



Female Reproductive System

Ground Rules



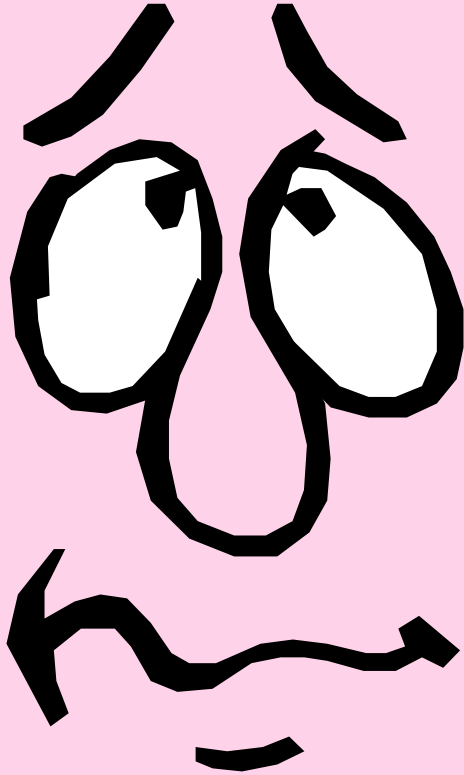
- ✓ Be Respectful
- ✓ Exhibit Maturity
- ✓ Demonstrate Patience

Introducing...



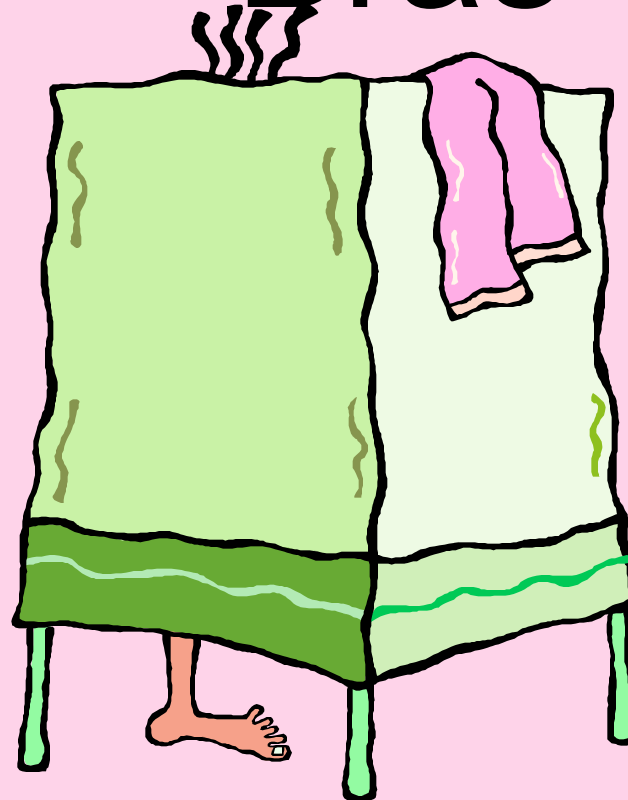
The Question Box

Just a Reminder



The following information is important in understanding the female reproductive system, please remember to be respectful

The Basics of Breasts & Bras



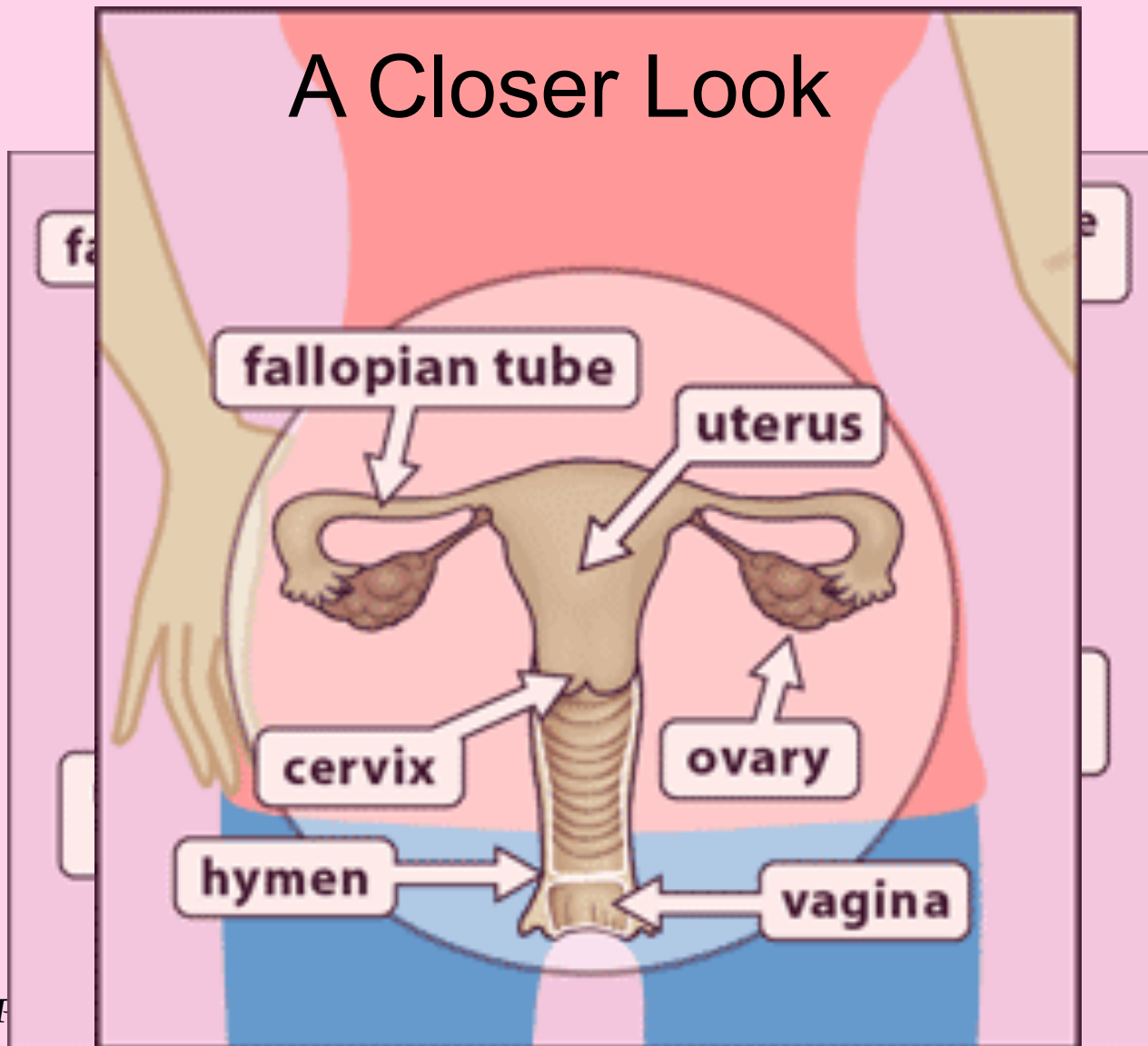
Female Reproductive Organs



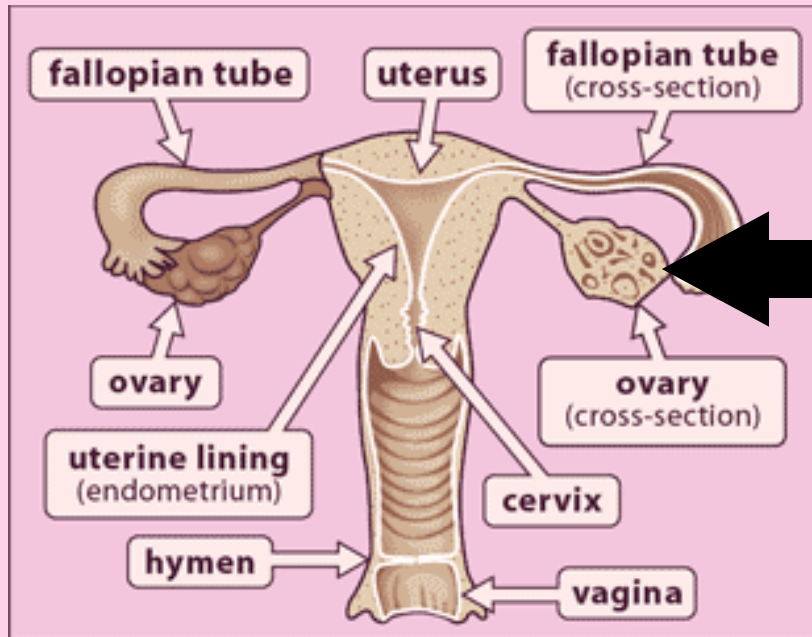
The following images are a frontal view...if a female was standing directly in front of you (similar to this picture)

Internal Reproductive Organs

Internal Reproductive Organs



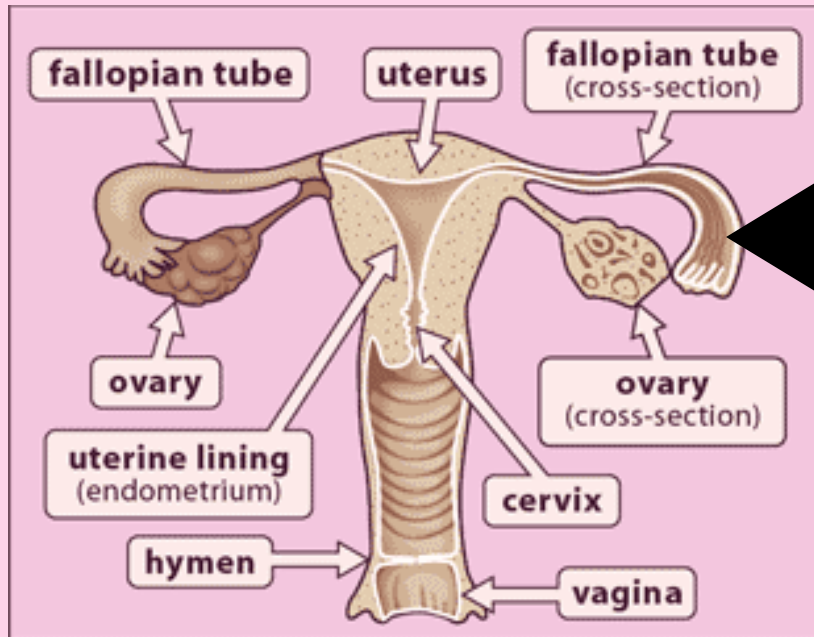
Internal Reproductive Organs



Ovary

Ovary – houses the ova or egg cells until they reach maturity

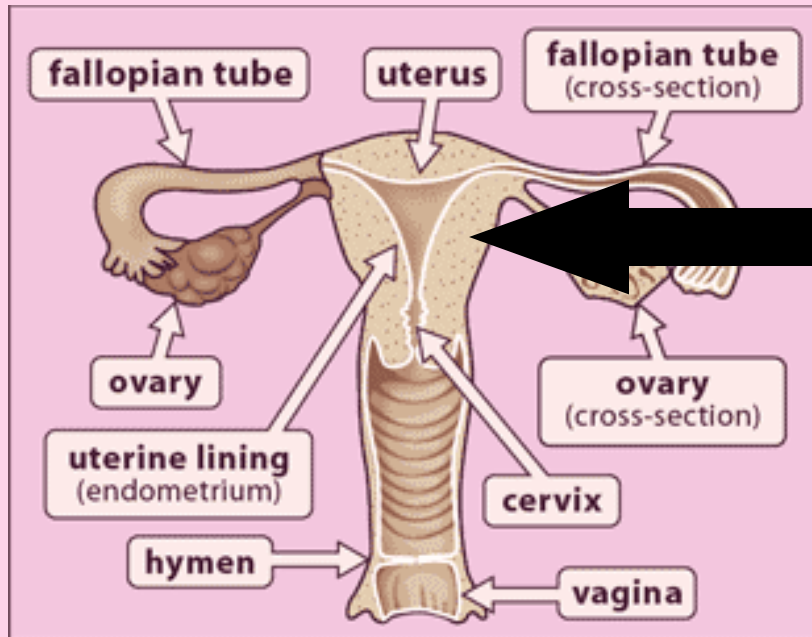
Internal Reproductive Organs



Fallopian
Tubes

Fallopian Tubes - (a.k.a. Oviducts or Uterine tubes) transport ova from the ovaries to the uterus

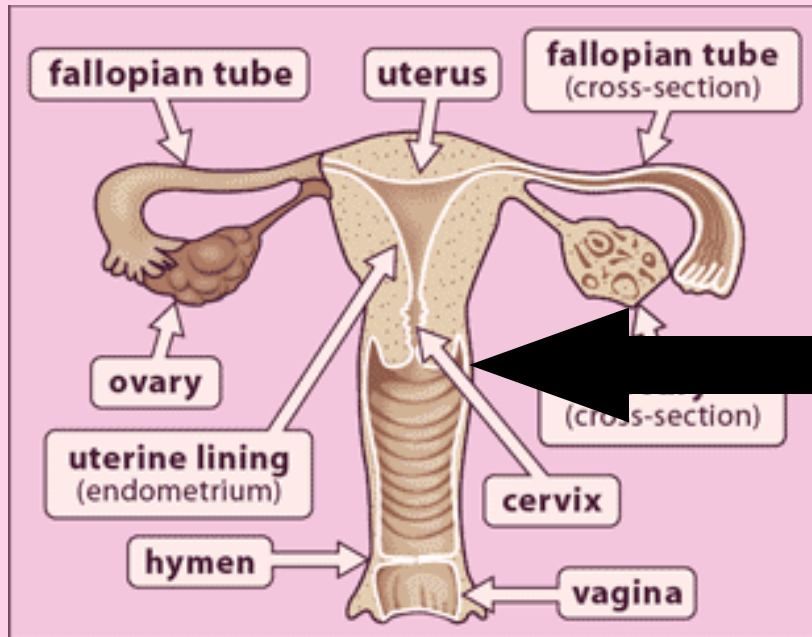
Internal Reproductive Organs



Uterus

Uterus – (a.k.a. the womb) is the organ that protects and nourishes a developing baby

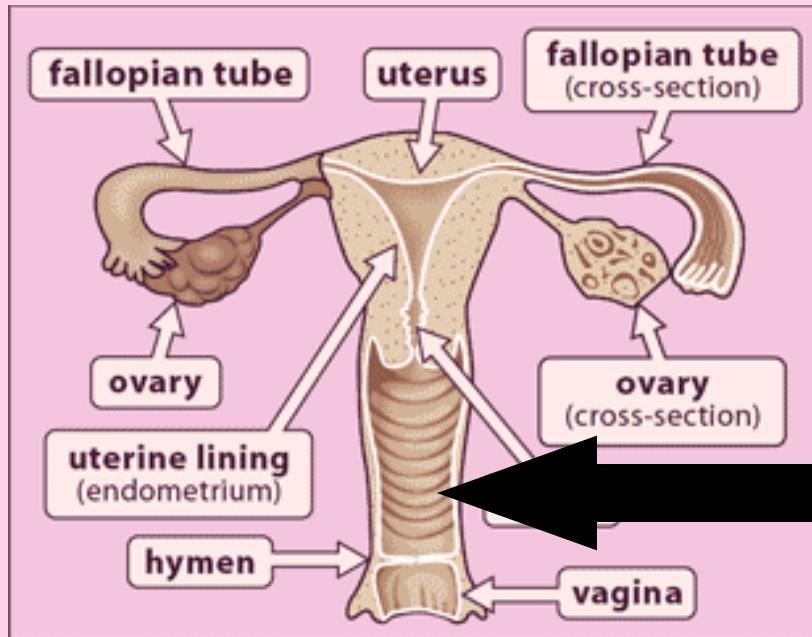
Internal Reproductive Organs



Cervix

Cervix – connects the vagina and the uterus, it is approximately 1 cm in diameter and is at the lower end of the uterus

Internal Reproductive Organs

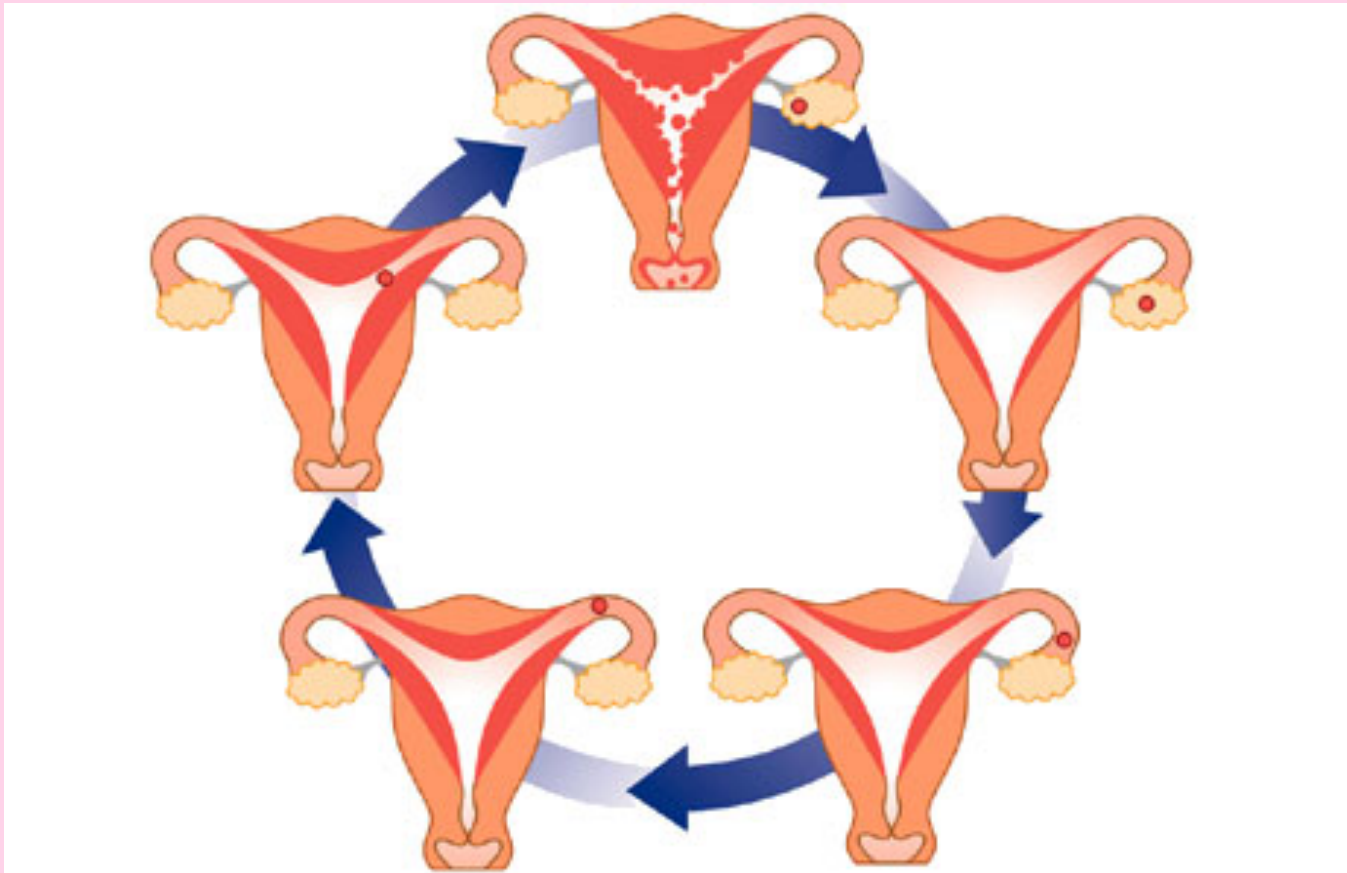


Vagina

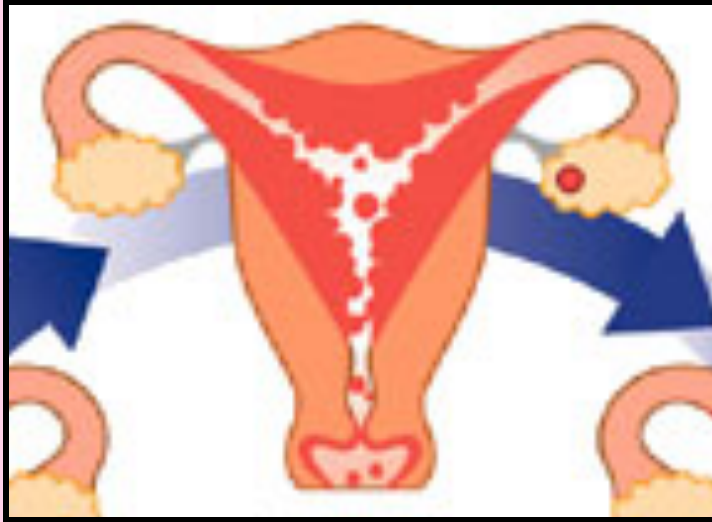
Vagina – (a.k.a. – birth canal) muscular, hollow tube that leads from the uterus to the outside body

Menstrual Cycle

28 Day Cycle



Menstrual Cycle



Day 1 - 5

MENSTRUATION begins - (a girl gets her period) The extra blood & lining of the uterus is shed, meanwhile another egg is maturing in an ovary

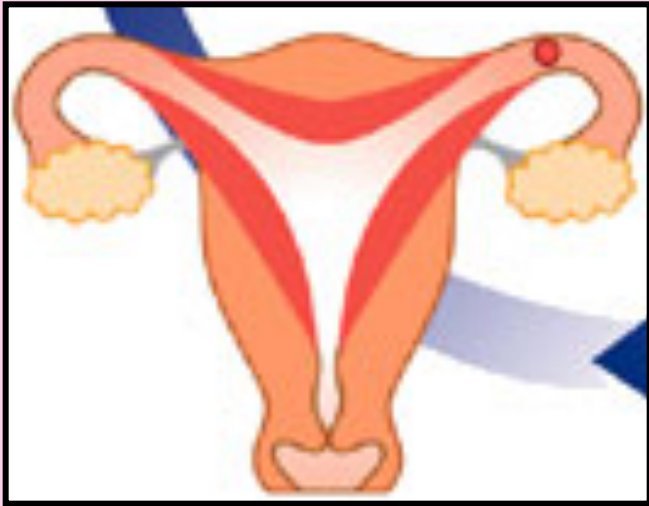
Menstrual Cycle



Day 6 - 14

The lining of the uterus begins to build-up with nutrient rich blood, at approximately day 14 OVULATION occurs.

Menstrual Cycle

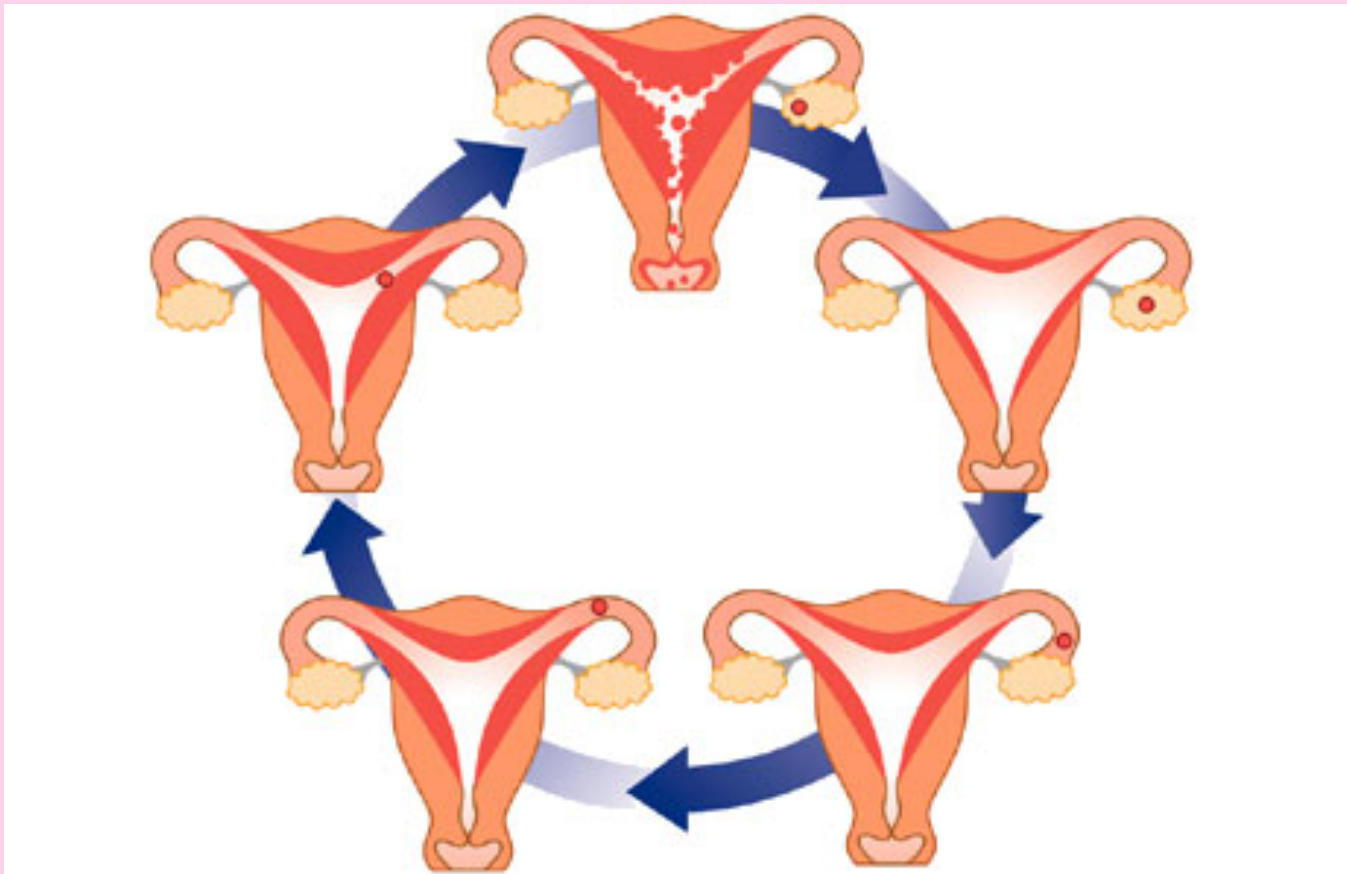


Day 15 - 28

The ovum travels down the fallopian tube, the ovum reaches the uterus & hormone levels change, breakdown process begins

Menstruation

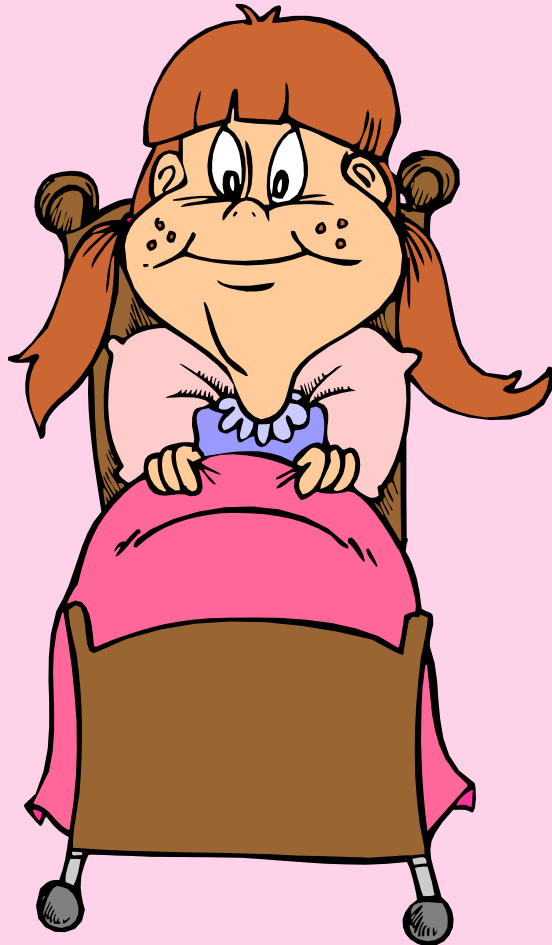
Cycle Repeats



Just the Facts...

~~PLEASE!~~

Common Myths



- Everyone gets cramps
- Cramps are unbearable

Just the Facts...

~~PLEASE!~~

Common Myths

- A girl cannot swim while on her period
- A girl cannot participate in sports



Meet Adel Essence



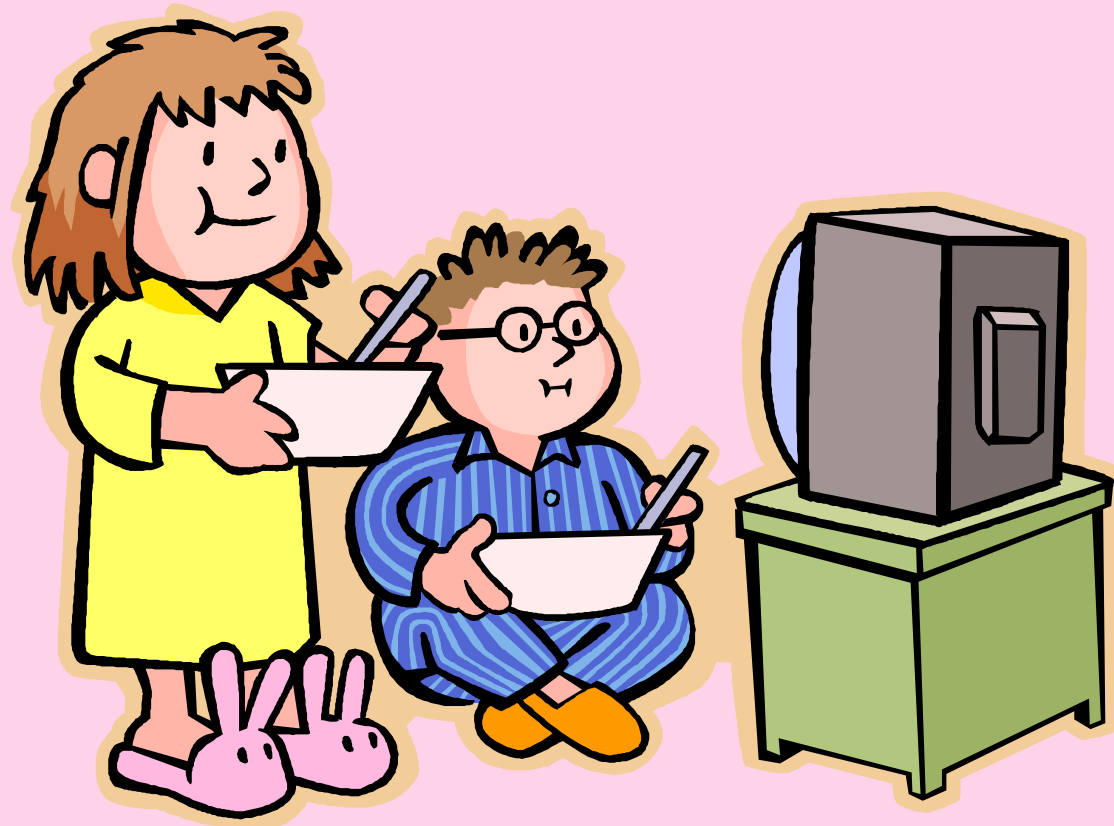
Body Image

It Begins At An Early Age



Body Image

The Message from MEDIA



The End

