

Human Growth & Development



Puberty 101

Ground Rules



- ✓ Be Respectful
- ✓ Exhibit Maturity
- ✓ Demonstrate Patience

Introducing...

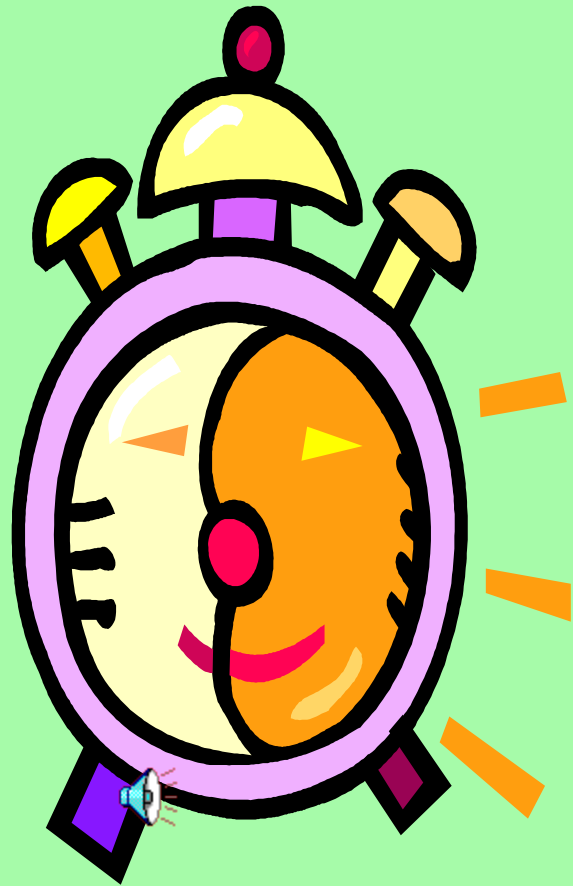


The Question Box

Imagine...



What is Puberty?



The time in a person's life when they transition from childhood to adulthood

Fact or Fiction

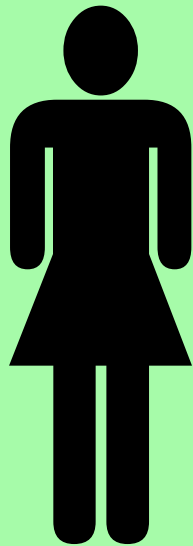


Let's take a moment to figure out which statements are TRUE & which statements are FALSE

A Letter from Jordan



Name that Change



Similar Changes between Boys & Girls



Height & Weight Increase



Hair Growth (under arms & pubic area)



Voice Deepens



Skin Becomes Oily/ Body Odor



Reproductive Organs Mature

Changes Unique to Girls



Breasts Develop



Hips Widen



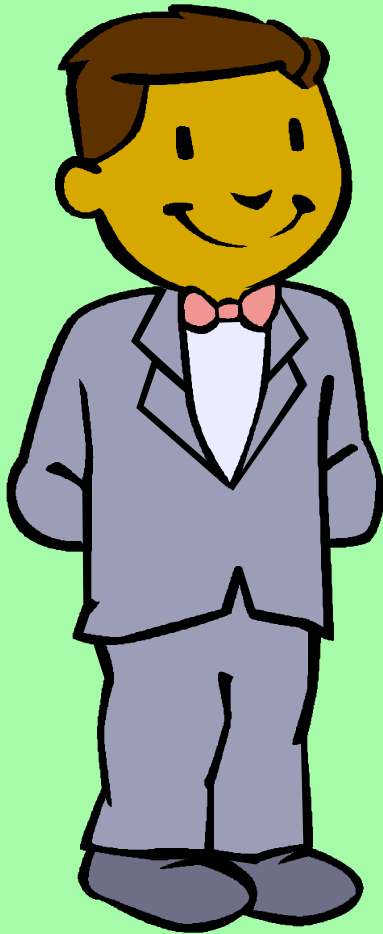
Menstruation
Begins



Ovulation

Changes Unique to

Boys



♂ Hair Grows on
Chest & Face

♂ Chest Enlarges

♂ Muscles Thicken

♂ Shoulders

♂ Broad
Ejaculation

Occurs

The Cards You're Dealt



The Cards You're Dealt

 Club

 Diamond

 Spade

 Heart

The End

