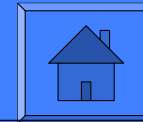


Male Anatomy	Puberty	Emotional Well-Being	Female Anatomy	Healthy Lifestyles
<u>100</u>	<u>100</u>	<u>100</u>	<u>100</u>	<u>100</u>
<u>200</u>	<u>200</u>	<u>200</u>	<u>200</u>	<u>200</u>
<u>300</u>	<u>300</u>	<u>300</u>	<u>300</u>	<u>300</u>
<u>400</u>	<u>400</u>	<u>400</u>	<u>400</u>	<u>400</u>
<u>500</u>	<u>500</u>	<u>500</u>	<u>500</u>	<u>500</u>

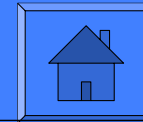
Name the male sex organ

Penis



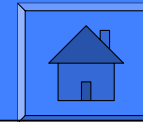
Name the two functions of the
urethra

Carry urine and carry semen



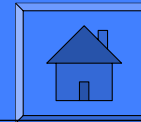
Contains the testes

Scrotum



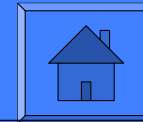
This is the size of a walnut
and produces a fluid to help
the sperm move

Prostate



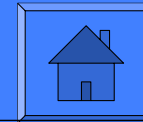
Two tubes in which sperm
travels from the epididymis
toward the penis

Vas Deferens



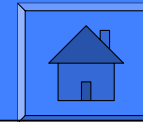
Name the male and female sex
cells

Sperm and Egg



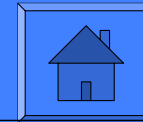
Name the time period that the
body changes from a child to
an adolescent

Puberty



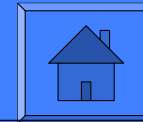
How many hours of sleep do
10-14 year olds need?

10 Hours



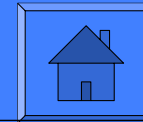
What system matures during
Puberty?

Reproductive



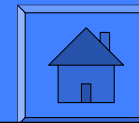
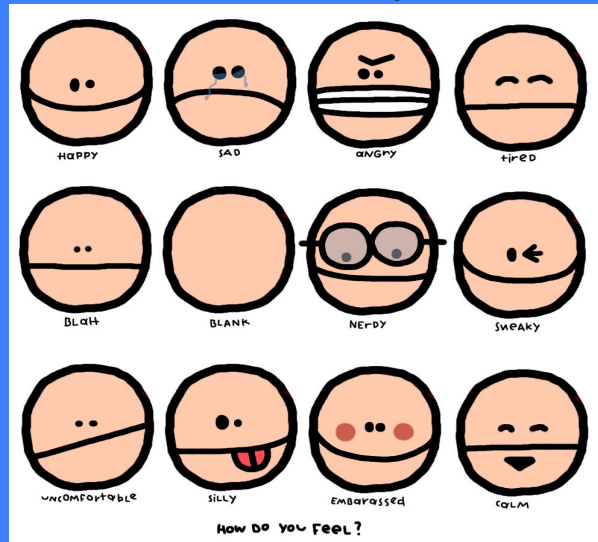
Name the gland that starts
puberty

Pituitary gland



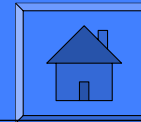
Name three feelings

Examples include:
mad, sad, happy, scared



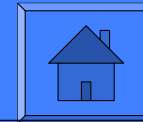
Name 3 people to talk to
about your emotions

Mom, Dad, Teacher, etc.



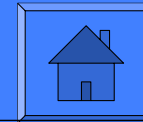
Name 3 ways to deal with
something that makes you sad

Talk to someone, write about
it, take a walk, etc.



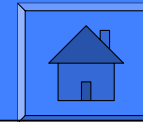
Name three positive things to
do when you are mad

Talk about it, Count to ten,
Go for a walk, etc.



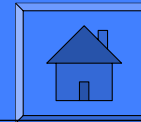
What causes emotions to
intensify?

Hormones



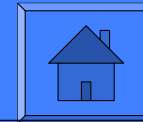
What connects the vagina to
the uterus?

Cervix



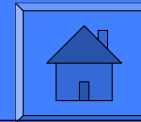
This is the muscular passage
that connects the uterus to the
outside of the body

Vagina



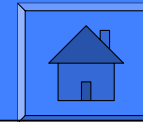
Another name for an egg

Ovum



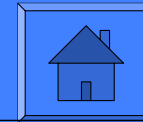
These help transport eggs
from the ovaries to the uterus

Fallopian tubes



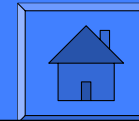
The initiation of menstruation
is called?

Menarche



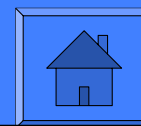
Name two things that you
should do every day to
promote a healthy life-style?

Wash, exercise, plenty of rest,
eat healthy foods, etc.



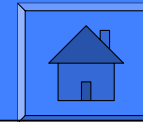
What types of exercise can
you do?

Walk, run, play sports, etc.



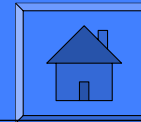
How many minutes of
exercise should a 10-14 year
old get per day?

60 minutes per day



Name two things to help
minimize body odor?

Wash frequently, and use
deodorant



Why should you exercise?

Stay in shape, work off extra
energy, etc.

